

SKLZ®

PERFORMANCE

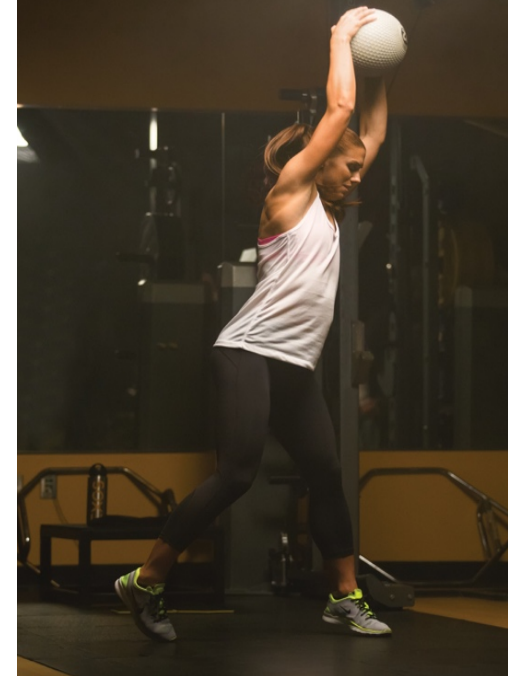
WE MAKE PRODUCTS FOR....



YOUTH



COMPETITIVE



PROFESSIONAL



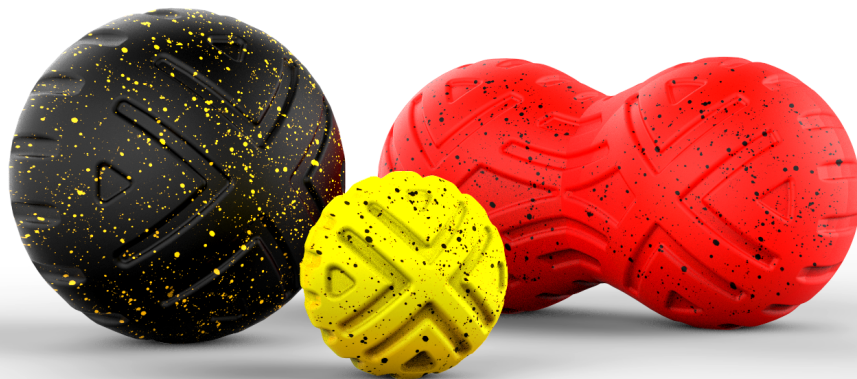
FOOT MASSAGE BALL

2.5" DEEP TISSUE THERAPY BALL

- Unique texture stimulates circulation and relieves discomfort
- Provides deep tissue compression massage
- Portable & easy to use
- Ideal for targeting small muscles and rolling out your feet and hands
- Water resistant and easy to clean
- Good for relieving aches and pains of common disorders such as plantar fasciitis, turf toe, dropped arches, tendonitis, carpal tunnel and many more

\$9.99

Touch me Box w/ door





TARGETED MASSAGE BALL

5" DEEP TISSUE THERAPY BALL

- Unique texture stimulates circulation and relieves pain and discomfort
- Provides deep tissue compression massage
- Portable & easy to use
- Ideal for targeting large and small areas
- Water resistant and easy to clean

\$14.99

Touch me Box w/ door





ANTERIOR TIBIALIS

(shin splints)

PERONEALS

(ankle tension, peroneal tendonitis)

MEDIAL GASTROCNEMIUS

(calf cramps, back of knee pain, "tennis leg")

LATERAL GASTROCNEMIUS

(calf cramps, back of knee pain, lower compartment syndrome)

SOLEUS

(heel pain/spurs, achilles tendonitis, shin splints, tarsal tunnel syndrome)

PLANTAR

(plantar fasciitis, hallux sprain, bursitis, heel contusion)

BALL OF FOOT

(bunions, turf toe)

MEDIAL ARCH

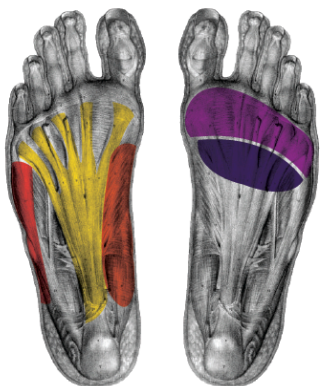
(posterior tibial tendonitis, bunions, hyper pronation, plantar faciitis)

TRANSVERSE ARCH

(arch pain)

LATERAL ARCH

(hyper supination, pes planus (flat feet))





BACK & SPINE MASSAGE ROLLER

TARGETED MUSCLE ROLLER

- Designed to target the aches and pains of your back
- Shape cradles the spine allowing for more effective muscle massage
- Unique texture stimulates circulation and relieves pain and discomfort
- Portable and easy to clean
- Fits easily in gym bags and works virtually anywhere on the body

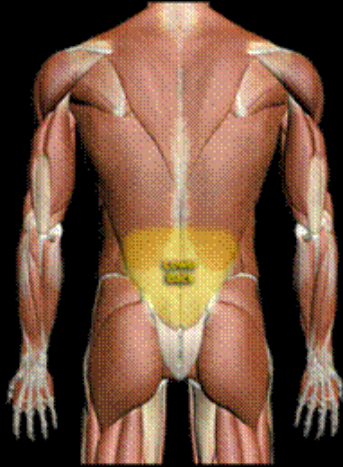
\$19.99

Touch me Box w/ door

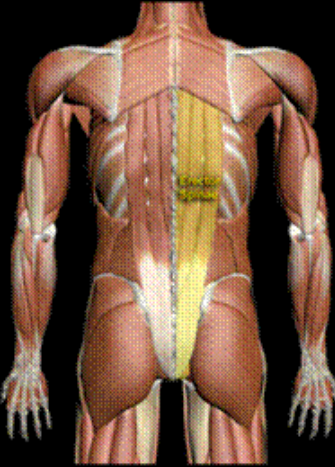


Low Back Anatomy and Common Pain Points

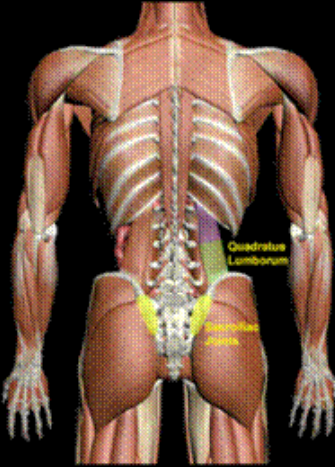
Most Superficial Level



Deeper Level



Deepest Level





MINI BANDS

MULTI-RESISTANCE TRAINING BAND SET

- For upper and lower body resistance training
- Ideal for lateral movement exercises, hip and glute activation and shoulder stabilization
- Effective training tool that can be used anywhere
- Small and portable for travel and packing in a workout bag

\$19.99

Clam Shell





HYDRO-ROLLER FOAM ROLLING WATER BOTTLE

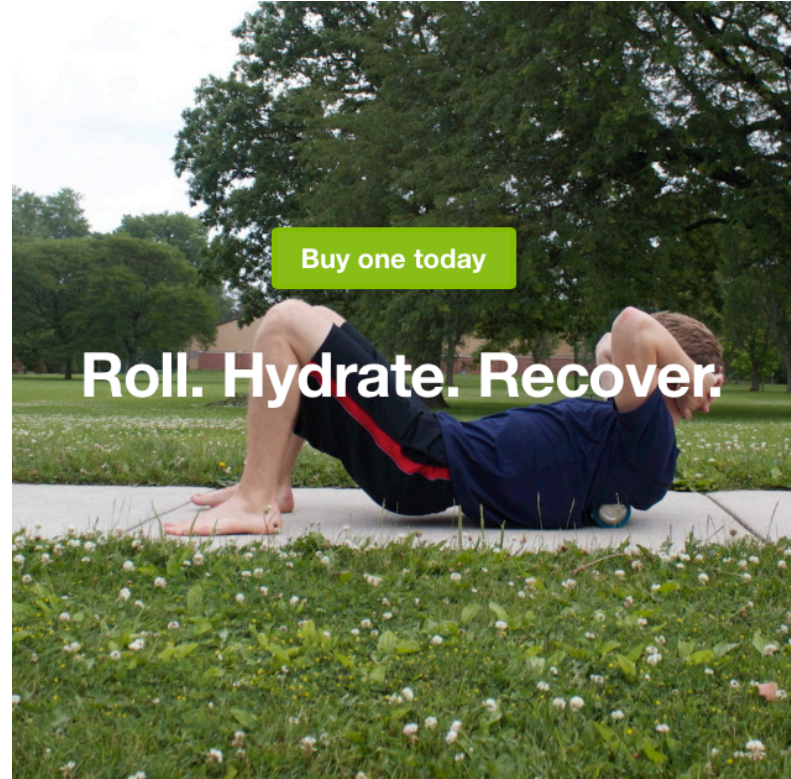
10/1/16

- More and more athletes are carrying foam rollers and water bottles to practices, games, events etc.
- Combining a durable “earth friendly” water bottle with high quality foam was the easy solution.
- Roll your way to complete hydration
- 6pk PDQ

\$39.99

Package Type:
6 Pack PDQ

Dimensions:





ACCELERATION TRAINER QUICK RELEASE SPEED BELT

6/1/17

- Develop speed, strength and power to GET FAST
- Accelerate like you were shot out of a gun
- Shock absorbing strap makes it safe, quick and easy to use
- Free motion ring on belt allows you to train in all directions
- Premium quality storage bag

\$59.99

Retail Box





NEW RECOIL 360°™ DYNAMIC RESISTANCE/ASSISTANCE TRAINER

- Enhances all sport movements, alternating between resistance and assistance
- Builds strength and conditioning for sprinting, leaping, shuffling and change of direction
- Work with a partner or attach the leash to a stationary object
- 8' flexi cord safely stretches up to 20'

\$49.99

Retail Box





RECOIL 360

DYNAMIC RESISTANCE/ASSISTANCE TRAINER

- Enhances all sport movements, alternating between resistance and assistance
- Builds strength and conditioning for sprinting, leaping, shuffling and change of direction
- Work with a partner or attach the leash to a stationary object
- 8' flexi cord safely stretches up to 20'

\$49.99

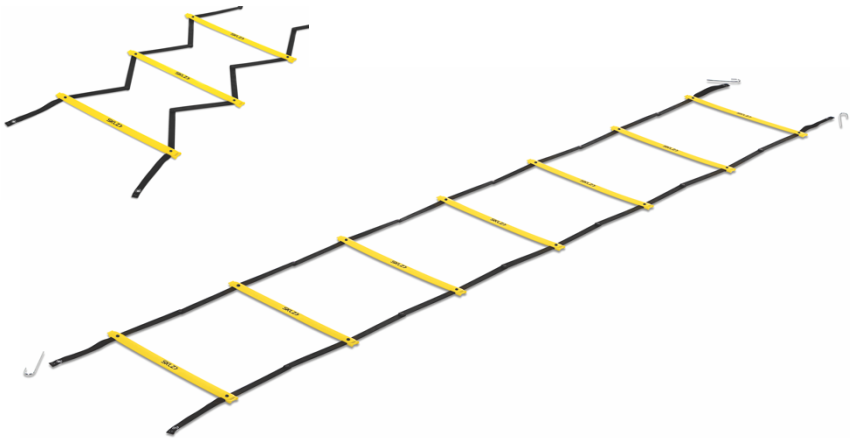


NEW RECOIL 360

DYNAMIC RESISTANCE/ASSISTANCE TRAINER

- Comfortable new partner safety handle
- New, stronger, safer carabiner attachment clasp
- Nothing changes on Belt
- Belt was upgraded in 2015 belt, color, ring

\$49.99



QUICK LADDER PRO

FOLD-DOWN AGILITY AND FOOTWORK TRAINER

- No webbing means no tangling
- Extensible design allows another ladder to attach to ends or sides
- The ultimate in easy-setup, easy-carry training ladders
- Rigid hinged side rails make it easy to fold down
- Durable construction with professional grade materials

\$59.99

Retail Box





SPEED HURDLE PRO

MULTI-HEIGHT QUICK-ADJUSTMENT HURDLE

- The most flexible hurdle available
- Vary workouts with adjustable heights
- 6-, 9-, or 12-inch settings with sliding base design
- Highly durable and stable with innovative bounce-back construction
- Folds down to compact carrying size

\$69.99

Retail Box





6X HURDLES

SPEED, AGILITY AND PLYOMETRIC HURDLE

- The all-purpose hurdle for key performance drills
- Elegant, one-piece twist design
- Virtually indestructible bounce-back construction
- Lightweight and durable
- Six 6-inch hurdles plus carrying case

\$49.99

Retail Box

SKLZ >>





AGILITY TRAINER PRO

MULTI-FACETED FOOTWORK AND AGILITY
TRAINER

- Train footwork and agility patterns in a game-like situation
- Sport doesn't happen in a linear direction, so don't train like it
- Allows for Curvilinear and broken training patterns
- Durable enough to use on all surfaces, won't slip on hardwood or smooth surface
- Works on grass, turf, track and court
- Set of 10

\$99.99

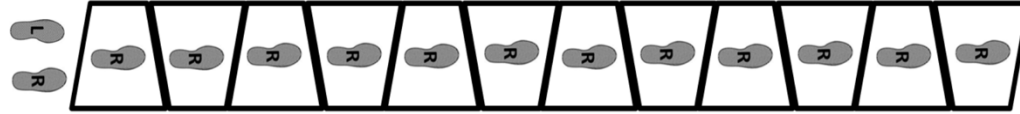
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LINEAR DRILLS

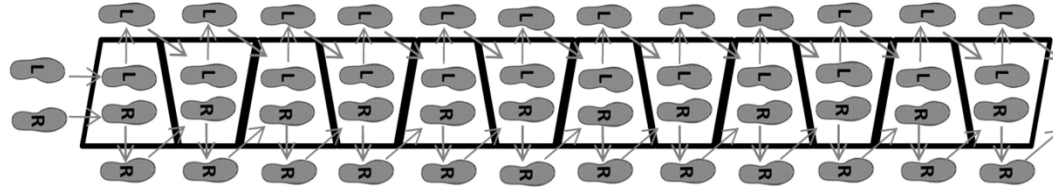
RIO

Single Foot Hop,
Right foot



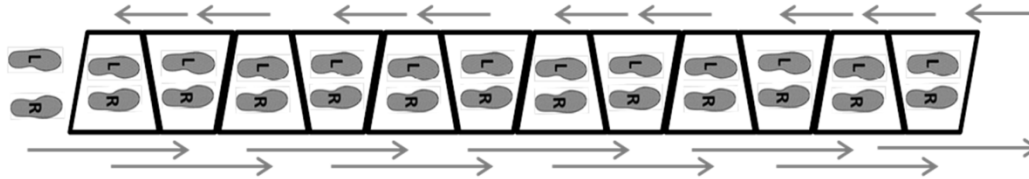
LAGOS

Two Foot Hop
Two In - Two Out



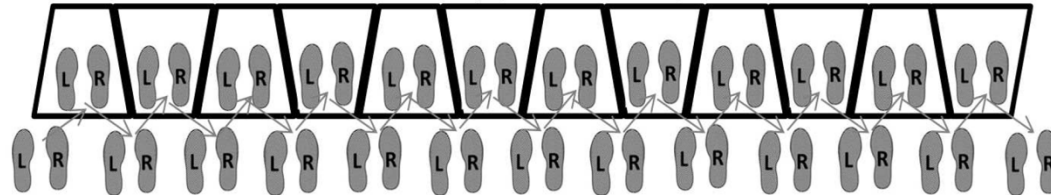
CHICAGO

Two Foot Hop
Two Hops Forward



DETROIT

Two Foot Hop



NON-LINEAR DRILLS

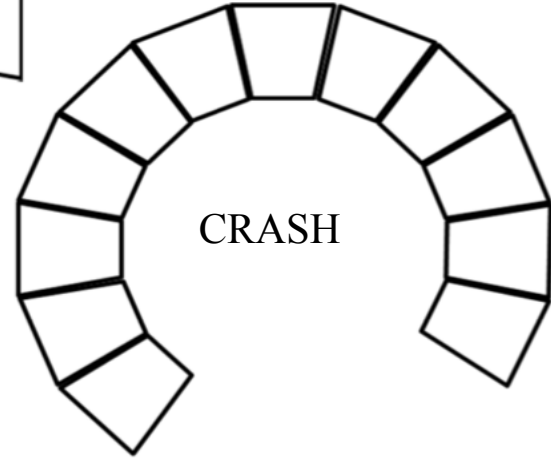
STACK



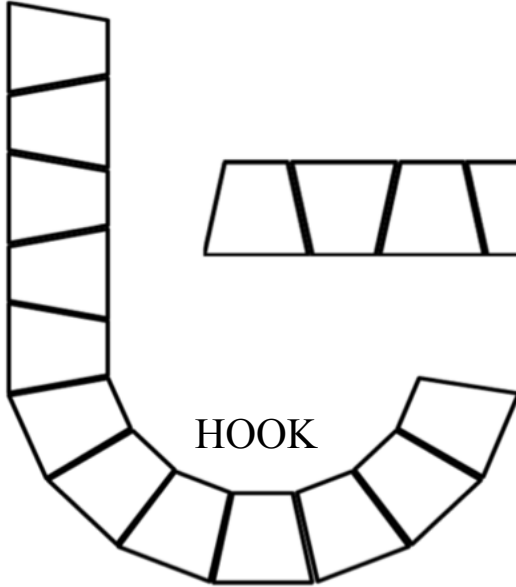
ZIPPER



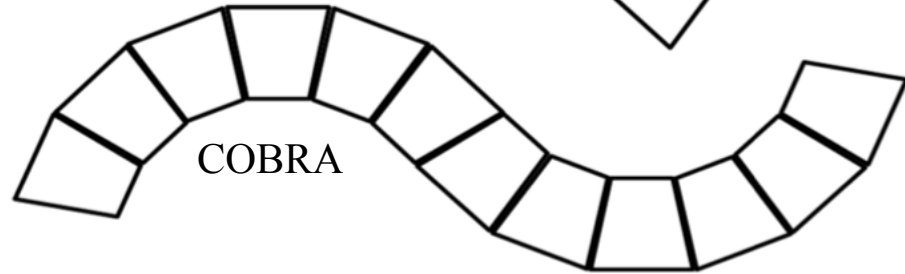
CRASH



HOOK



COBRA





SKLZ®